NEWBORN

MINI SESSION GUIDE

LORRAINE CLAIRE

FINE ART PHOTOGRAPHY

WELCOME

The information in this session guide is to help you with all of your photography related questions, so you can be relaxed for your newborn session.

If you have any more questions, feel free to send an email to **lorraine@lorraineclaire.com**

NEWBORN HINTS & TIPS

If you are breastfeeding 48 hours before the session please avoid caffeine or switch to decaf. Also, please try to avoid citrus & gassy foods.

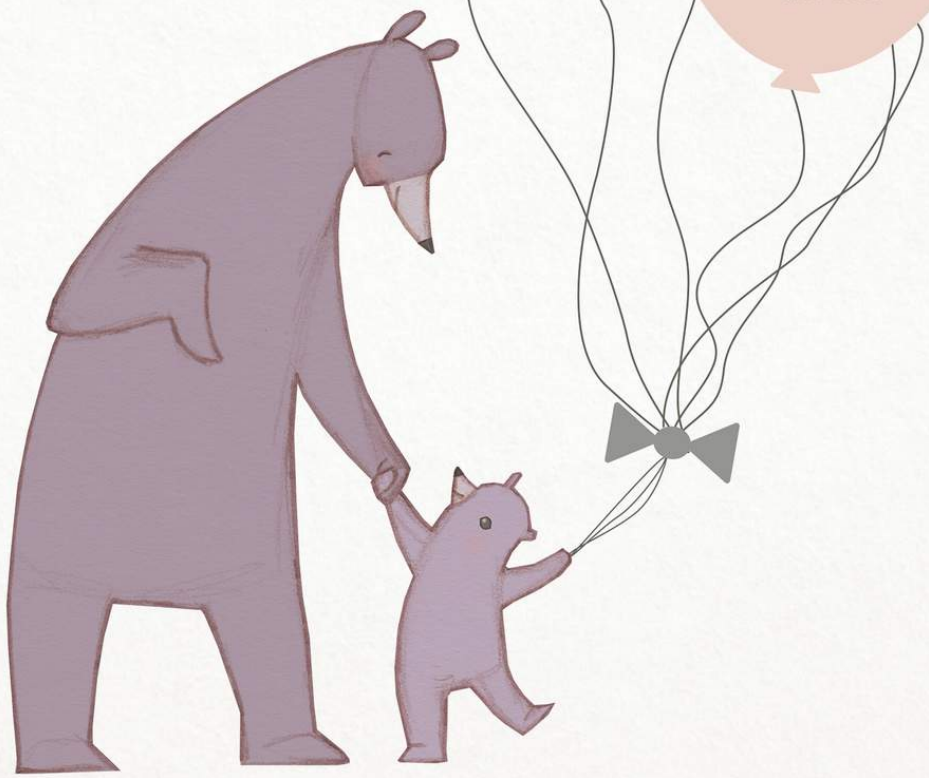
Please dress Baby in loose clothing on the day of the session. This is to avoid waking baby up when clothes are changed.

Feed just before you leave for your session. Once baby is fed they should be nice and sleepy. Please bring extra bottles if bottle feeding.

Bring a dummy with you if you are using one. They work well to comfort baby inbetween poses.

Try to keep your baby awake 2 hours before the session.

Lastly, please relax, have fun and make yourself at home. Your baby will sense your mood.



PREPARING FOR THE SESSION

You can arrive with nothing but your baby and I will take care of you. However, the following is a suggested packing list:

- NAPPIES
- BABY WIPES
- A DUMMY (IF USING)
- EXTRA FORMULAR IF BOTTLE FEEDING
- A BABY BLANKET (TO COMFORT INBETWEEN POSES)
- ANYTHING YOU THINK WILL SOOTHE BABY

PLEASE ARRIVE IN PLENTY OF TIME FOR YOUR SESSION SO YOU ARE NOT RUSHED BUT RELAXED.

STYLING YOUR SESSION

To help style your session, I have designed sets of beautiful colour palettes for you to choose from. The palettes include handmade props, colours, tones and textures that co-ordinate beautifully to create a stunning collection of images. Before your session, I will discuss the styling options with you. You can select from a range of colours perfectly suited for every home decor and style.
When considering which colour, please think about how it would compliment your home decor if the images were to be hung in your home.

THANK YOU

I can't wait to meet you and your new arrival for your session. If you have any questions at all please do get in touch.

Warmest wishes,

Lorraine

x

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